



CHNCT FOUNDATION, INC.

2019 GRANT-MAKING PROGRAM

Every year, CHNCT Foundation assesses the impact of our funds and programs on the overall efforts to improve health services at the Federally Qualified Health Centers (FQHCs). We are committed to sharing with our many stakeholders how we have assisted these community health centers and made a difference to the people they help through these grants each year.

In December, three FQHCs were awarded \$4,000 in grant funding for behavioral health or nutrition education programming. Three additional FQHCs were awarded in-kind Cooking Matters programming valued at \$4,000 each, and one FQHC was awarded in-kind KHAIR programming valued at \$4,000. These grants will be used to implement programs in 2020 as follows:

The following FQHCs will receive In-kind support from our Cooking Matters Program:

- Charter Oak Health Center
- Optimus Health Care, Inc.
- Staywell Health Center

The following FQHC will receive In-kind support from our KHAIR Program:

- Fair Haven Health Center

The following FQHCs will receive grants to further their programming in the following areas:

Cornell Scott-Hill Health Center

Nutritious Snacks for Children Served by Child and Family Guidance

Cornell Scott-Hill Health Center will continue a project that focuses on behavioral health for people younger than age 18. They will purchase nutritious, healthy snacks for children who receive behavioral health (mental health and/or substance use) assessment and treatment services from our Child & Family Guidance Department (C&FG) which provides services in three locations in the City of New Haven, Connecticut. Also, to help with the children's and the families' food insecurity in general, they will provide parents, guardians, and foster parents with lists of available local resources for food, such as food pantries and soup kitchens and free/reduced cost meals in many schools. As appropriate, we will link families with our SNAP (Food Stamp) outreach and enrollment workers and our WIC program.

Generations Family Health Center

Behavioral Health Programming for Students through the Putnam School-Based Health Center

GFHC BH staff in consultation with Putnam school staff and administration would seek to convene educational sessions on youth-relevant BH issues that face young people today. For example, clinicians at GFHC have treated adolescents and teens who are bullied on social media. Potential topics may include: vaping; internet safety (including sexting and one's digital footprint); sexual orientation and identity sensitivity training; suicide; and bullying. Final determination on which topic(s) to be offered would be made in consultation with school administration. Grant funds would be used to cover costs for an expert on the selected topic(s) to speak with students during an all-school assembly, and potentially a separate event on the same topic geared towards parents, teachers, and the broader community. Grant funds would also be used to communicate with students, parents, families and the community about planned events as well as to distribute relevant materials and resources. Funds permitting, GFHC would seek to hold events for up to two distinct topics/speakers. GFHC would collaborate with school staff and the GFHC marketing department to create materials about the event(s) as well as outreach to disseminate in the community. As a follow-up to the speaker event(s), the GFHC BH team would coordinate closely with school staff to discuss feedback from students and parents, as well as to provide direct support for those students who express a need for assistance from a BH provider.

Southwest Community Health Center

Fresh Fruit Friday

Southwest Community Health Center will use the funds for the Fresh Fruit Friday initiative started last year. As a community health center, Southwest provides comprehensive and holistic care to a population at risk and identifies nutrition as an important factor in attaining good health and positive clinical outcomes. Nutritional counseling is provided in Pediatrics to address a growing number of children who are overweight or obese, at the shelters to address the poor nutritional resources of the homeless population, and at Southwest's WIC office to women and children at risk.

**We thank you for your continued support of our mission here at
CHNCT Foundation, Inc.!**