



CHNCT FOUNDATION, INC.

GRANT-MAKING PROGRAM

Every year, CHNCT Foundation assesses the impact of our funds and programs on the overall efforts to improve health services at the Federally Qualified Health Centers (FQHCs). We are committed to sharing with our many stakeholders how we have assisted these community health centers and made a difference to the people they help through these grants each year.

In November, four FQHCs were awarded \$4,000 in grant funding for behavioral health or nutrition education programming. Three additional FQHCs were awarded in-kind Cooking Matters programming valued at \$4,000 each. These grants will be used to implement programs in 2018 as follows:

The following FQHCs will receive In-kind support from our Cooking Matters Program:

- Charter Oak Health Center
- Optimus Health Care, Inc.
- Staywell Health Center

The following FQHCs will receive grants to further their programming in the following areas:

Cornell Scott-Hill Health Center

Nutritious Snacks for Children Served by Child and Family Guidance

Cornell Scott-Hill Health Center will continue a project that focuses on behavioral health for people younger than age 18. They will purchase nutritious, healthy snacks for children who receive behavioral health (mental health and/or substance use) assessment and treatment services from our Child & Family Guidance Department (C&FG) which provides services in three locations in the City of New Haven, Connecticut. Also, to help with the children's and the families' food insecurity in general, they will provide parents, guardians, and foster parents with lists of available local resources for food, such as food pantries and soup kitchens and free/reduced cost meals in many schools. As appropriate, we will link families with our SNAP (Food Stamp) outreach and enrollment workers and our WIC program.

Fair Haven Community Health Center

Educational material and therapy supplies for Behavioral Health Department

Fair Haven Community Health Center will use the funds to grow its Behavioral Health Program, in particular its child/adolescent Behavioral Health program. Funding will support the needs of child/adolescent Behavioral Health clinicians who will provide both one-on-one and group therapy. They will also purchase educational material for these clinicians. They have strong community ties and are frequently asked to give talks on various Behavioral Health issues. They will expand these talks to include topics of particular relevance to children and adolescents. They plan to hold 6 such sessions over the span of the next year. These sessions will be held at various venues around the community.

Generations Family Health Center, Inc.

Girl Talk

Generations Family Health Center will use the funds to implement "Girl Talk." "Girl Talk" is an empowerment program targeted for young women designed to create healthy relationships with themselves, leading to healthy relationships with others. The program will consist of ten (10) weekly sessions held at GFHC's School Based Health Center in Putnam and conducted by the agency's behavioral health clinical staff. The program and sessions are designed to accommodate up to ten (10). Four sessions are proposed, targeting middle school students, with two (2) each being held during the Spring and Fall 2018 school semesters and possible a summer session as well.

Southwest Community Health Center

Fresh Fruit Friday

Southwest Community Health Center will use the funds for the Fresh Fruit Friday initiative started last year. As a community health center, Southwest provides comprehensive and holistic care to a population at risk and identifies nutrition as an important factor in attaining good health and positive clinical outcomes. Nutritional counseling is provided in Pediatrics to address a growing number of children who are overweight or obese, at the shelters to address the poor nutritional resources of the homeless population, and at Southwest's WIC office to women and children at risk.

**We thank you for your continued support of our mission here at
CHNCT Foundation, Inc. !**