
Directions: A few miles south of downtown Middletown on **Route 9, take exit 11 (Rt 155, Randolph Rd)**. At the end of the ramp (for both N. and S. bound), **turn right onto Randolph Rd**. Continue to light at the top of the hill and turn **left onto Saybrook Rd**. Go 1/4 mile then turn **right onto Reservoir Rd**. Travel past stop sign and take **first right onto Training Hill Rd**. Take first left into campus.

Proceed to Chapman Hall.



Keeping Connecticut Healthy

Cardiovascular Health Program
MS 11 APV
410 Capitol Ave
Hartford, CT 06134

Restoring Body and Soul

Developing and Sustaining Health Ministries



**Saturday, May 14,
2005**

8:30 a.m.-2:00 p.m.

**Middlesex
Community College,
Middletown, CT**

Department of Public Health and
Community Health Network Foundation
with: American Cancer Society, American
Diabetes Association, American Heart
Association, Faith in Action New London,
Hartford Area Parish Nurses, Saint
Francis Hospital

Chapman Hall
Middlesex Community College

100 Training Hill Rd., Middletown, CT

Schedule

8:30-9:00 Continental Breakfast, Registration and vendor booths

9:00-9:05 Welcome: Gary St. Amand, Department of Public Health and Invocation: Rev. Shelley Copeland.

9:05-10:00 The Importance of Health Ministry: Rev. Shelley Copeland

10:00-10:45: A Connecticut Urban Success Story: Dr. Marian Evans-Dillard

10:45-11:15: Break and visits with vendors

11:15-12:00: Breakout sessions. Choose one: Diabetes (Audrey Levine), Heart Disease (Eleanor Green) OR Cancer (Lisa Hudson)

12:00-12:45: Lunch (provided) and visits with vendors

12:45-2:00 Breakout sessions. Choose one: Grant Writing (Sarah Sneed) OR How to Set Up and Maintain a Successful Health Ministry (Dr Jeanne Fuqua)



Health ministries are caring ministries

PROGRAM DESCRIPTION

This faith based health ministry program will energize your soul and give you tools to bring effective health planning, life giving programs to your congregation.

FACULTY

Rev. Shelley Copeland: Executive Director, Capitol Region Council of Churches

Dr. Marian Evans-Dillard: Prayer Tabernacle Church of Love, Director of Bridgeport Health Department

Audrey Levine, RN, CDE: VNA Healthcare

Eleanor Green: American Heart Association, Chair, Waterbury Search Your Heart

Linda Hudson: American Cancer Society

Sarah Sneed: The Hartford Foundation

Dr Jeanne Fuqua: Mt. Aery Baptist Church Wellness Ministry

Vendors: American Heart Association, American Diabetes Association, National Kidney Foundation American Cancer Society and Community Health Network of Connecticut. As well as information on AIDS, Arthritis, Hepatitis, asthma, smoking cessation and more.

REGISTER EARLY

The first 65 people who register will receive a Pedometer/step counter. This device has been shown to be effective in helping people increase physical activity.

Registration Form

Must be received by May 4, 2005

Name: _____

Address _____

Email: _____

Day phone: (____) _____

Eve phone: (____) _____

Church Affiliation _____

Church address _____

Special needs: _____

Registration: \$20 fee payable to Community Health Network of CT Foundation.

Send to: Tressa Spears, CHN CT,

11 Fairfield Blvd. Wallingford, CT 06492.

Scholarship Assistance is available. For more information call Tressa Spears at

(203) 949-4101 or tspears@chnct.org