

The following organizations were awarded mini grants in the amount of \$3,500:

Charter Oak Health Center – Hartford

Charter Oak Health Center is developing and plans to implement a series of health education and nutrition classes for its patients. With these funds, it will create a demonstration kitchen where this new series of classes will be held. In addition, it will develop and implement the following classes: Weight Management; Wellness and Weight Loss; Post Gastric Diet; Smarter Fast Food Selections; Table Talk; Smart Eating; Learn the Benefits of Fiber; Be a Better Cook; Eating Street Smart; and Diabetes Education. The monies from this mini grant will support the costs of refreshments, video tapes, educational materials, printing and other supplies.

Cornell Scott-Hill Health Corporation – New Haven

The “I am!” project is designed to remove one of the significant barriers to healthcare for the homeless– the lack of documentation. Specifically the program is designed to assist homeless individuals in obtaining the documentation necessary (birth certificates and the like) to apply for and receive healthcare services (among other services). The “I am!” project will accomplish the following: work with homeless individuals to determine status of existing documentation and identify gaps in documentation; facilitate the application and obtaining of birth certificates and other documentation which is critical to improving access to care; utilize the funds available from this grant to secure the necessary documentation through filing and application fees. This grant will improve the access to care for approximately 120 homeless individuals.

Fair Haven Community Health Center – New Haven

The center needs to come into better compliance with regard to patient education on the concept of Person-Centered Medical Home, as well as other issues regarding patient involvement and patient-centered care. The funds will be used to develop and implement a plan to notify patients about the importance and concept of a Person-Centered Medical Home, including selecting a primary care provider. Care coordination is patient and family-centered while promoting self-care skills and independence. It is planned and comprehensive, and coordinates social support and medical services across different organizations and providers.

Generations Family Health Center, Inc. – Willimantic

Generations will be moving into a new facility that will allow for the consolidation of the medical dental, behavioral health services, community programs and administrative services into one building in Willimantic. As a result of this facility growth, Generations will soon be able to serve more patients in all three disciplines at these two new facilities. Specifically, these funds will be used to purchase uniforms to help better identify outreach workers for prospective new patients, items to outfit tables, tabling materials to educate the clients about the services we provide that can improve their overall health, and advocacy items that endorse healthy lifestyle choices and include the contact information for the new facilities.

Optimus Health Care, Inc. – Bridgeport

The health center will develop a series of video tapes for the Patient-Centered Medical Home initiative. The scope of this project would be to serve the health clinic sites located at Park City Primary Care Center and the Stratford Community Health Center. These video tapes would be aired in their waiting rooms, and will be taped in English and Spanish. The goal of the proposed project is to improve the delivery of care by educating patients on the Patient-Centered Medical Home model and on how to more effectively access the practice, including how to prepare for their medical visit and access after hours.

Southwest Community Health Center – Bridgeport

The center will provide HgbA1c testing to uncontrolled diabetics, intense educational programs and blood pressure analyzers to patients with blood pressures greater than 140/90. The program would provide eight in-service programs – four on diabetes and four on hypertension – which will be presented by a committed clinical team on a quarterly basis over the next year. Southwest will distribute portable BP analyzers to motivated hypertensive patients, who participate in the in-service groups and agree to monitor their blood pressures at home. A diary will be given in order to record their blood pressure and review at their next appointment. This will allow performance improvement to be measured and patients will also receive beneficial education as to what concrete steps they can take in their daily lives. It will also teach them how to be an active member in managing their disease to improve their health status.

StayWell Health Center – Waterbury

This grant will assist in funding prenatal ultrasound testing and lab work for uninsured and low-income pregnant patients who are unable to afford the out-of-pocket expense for this vital testing. StayWell is currently the primary prenatal care provider for uninsured pregnant patients in the greater Waterbury area. They provide these services for patients on a sliding fee scale based on their income, which must be proven with a pay stub or other valid document. However, most patients are unable to pay even the

lowest amount on the fee schedule. Despite this, these patients are provided all of their prenatal care regardless of their ability to pay or payment history. These funds will serve a minimum of 25 patients.