



NEWSLETTER

OCTOBER NEWS

COOKING MATTERS *Connecticut* *Set the Table Fundraiser 2015*

Help us set our table by making a donation!



Donate until
October 31st



Dear Friends,

As you know, **Cooking Matters Connecticut** has been touching the lives of our low-income neighbors for over five years. In 2014, we were privileged to serve **2,000** individuals through our diverse courses and hands-on store tours. We have been offering Cooking Matters to the state of Connecticut since 2010. Since then, we have touched the lives of individuals in all 8 counties by offering a variety of activities.



Today, we are reaching out to ask you to support our first Cooking Matters Connecticut *Set the Table Challenge* Fundraiser. Your contribution will help us bring this impactful program to more families and individuals throughout our state. Food Day is October 24th, and its goal is to raise awareness about food issues and advocate for better food policies at the local, state, and national levels. In honor of that day, we are dedicating this entire month to Cooking Matters Connecticut to raise funds, build partnerships, and solicit volunteer support.

We thank you in advance for your support!

Terry Young
Cooking Matters Connecticut Program Director

MAKE YOUR DONATION
HERE



SAVE THE DATE

2016 A Modern Tea is set for April 16, 2016 at the Omni New Haven at Yale. Click here to see our newly developed website [here](#).



KHAIR Classic 2015 Fall Season in Full Swing!

The 2015 KHAIR Classic Fall Season began on Saturday, September 12, 2015. Thirteen participants between the ages of 13-17 began a twelve-week program that kicked off with a self-esteem workshop. [Read more!](#)



2015 Golf Highlights

See who participated and took home the trophies in this year's tournament [here](#).

Stay Connected   

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The Community Health Network of CT Foundation, Inc. is a 501(C)(3) organization supporting programs and activities that fundamentally improve the health status of the people of Connecticut. All donations are 100% tax deductible under U.S. law. Our mission is to advance, support, and promote programs and activities that fundamentally improve the health status of the people of Connecticut.