



NEWSLETTER

Foundation Monthly News



Thank you for attending A Modern Tea 2015!

Your participation and passion for living a healthy life made our event exceptional! It is our hope that you left empowered and inspired to take charge of your health. We look forward to seeing you at the 2016 A Modern Tea!

Wishing you success as you turn over a leaf to better health!

The event was a great success and we credit it to the wonderful combination of workshop presenters, exhibitors, special guests, and beautiful attendees.

A Big Thank You to our A Modern Tea event sponsors:
The Community Foundation for Greater New Haven & Yale-New Haven Hospital

Event highlights included:

- **Tea Tasting** with Ting Luo of The Green Teahouse
- **What's Stress Really Got to Do With it?** with Markyia Nichols, M.D. of DiviNeva Health and BodylogicMD Hartford
- **10 Superfoods for Anti-Aging** with Patrick Moore of Nutritional Science Associates
- **Nine amazing Heart Boutique vendors** that shared their merchandise with our guests
- **Massage & Reiki** provided by our wellness practitioners
- **Live Jazz Music** by Timmy Maia and Friends
- **Screenings** were provided by Yale-New Haven Hospital Women's Heart and Vascular Program
- **Health Exhibitors** provided informational tools for all of our attendees.

See you next year ! A Modern Tea 2016 :
The Heart of The Matter



#KhairHighlight :

Jo Bruno Hair

During the months of November and December of 2014, Jo Bruno Hair raised more than \$2,550 for the KHAIR Program.

See How Here.

Cornell Scott Memorial Golf Classic Celebrates 10 Year Anniversary!

BIG 10! The 10th Year will be held Monday, August 17th, 2015 at Lake of Isles! Registration & Sponsorship available now!

Visit the CS Golf Website.

Cooking Matters seeks Spanish speaking volunteers!

As Cooking Matters programming grows throughout the state, so does our continuous need for Spanish speaking volunteers to act as Translators, Class Assistants, Culinary Instructors, and Nutrition Instructors.

Learn more.

MAKE A DONATION
HERE

Stay Connected



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The Community Health Network of CT Foundation, Inc. is a 501(C)(3) organization supporting programs and activities that fundamentally improve the health status of the people of Connecticut. All donations are 100% tax deductible under U.S. law. Our mission is to advance, support, and promote programs and activities that fundamentally improve the health status of the people of Connecticut.